

# COMBINE MORNING AND AFTERNOON CAMPS FOR ALL DAY CAMP ADVENTURES!

**BRAND NEW THIS YEAR!**

## ENERGY LEGACY ADVENTURES:

**JUMP, TUMBLE, SWIM & MORE! Ages 5-12**

Get ready to enjoy a whole day of exciting Legacy Center experiences – Energy Zone style! Campers’ mornings will consist of a large variety of activities including obstacle courses, group games, ninja cage challenges, zip line fun, intriguing experiments and “Water Wednesdays”. Open gym time will also be offered daily so they can enjoy playing at their own pace on our in-ground trampoline, foam pit with ropes, mini-ninja warrior cage, bounce house, tumble floor and more! Afternoon/all day campers will have scheduled field trips around the Legacy Center every week which include: Urban Air, 2 days at Splash Swim School, and The Yo Club. Additional field trips (optional) will be available during certain camp weeks for an additional charge. Our coaches will escort campers during all field trips to ensure everyone has a safe and exciting experience. No one does the ultimate summer camp like us!

**Mornings (8:30 – 12:00) / Afternoon (1:00 – 4:30) or**

**All Day (8:30 – 4:30)**

June 19-23	June 26-30	July 5-7	July 10-14
July 17-21	July 24-28	July 31 – Aug. 4	Aug. 7 - 11
Aug. 14-18		Aug. 21-25	

## JUMP, TUMBLE, SWIM & MORE! Ages 3-4

Wow! Your preschooler will enjoy a jam-packed week of exciting Legacy Center experiences under the close supervision of our preschool camp coaches. Campers’ mornings will consist of a large variety of themed activities including obstacle courses, group games, bounce house time, crafts, “Water Wednesdays”, trampoline time, foam pit fun, building blocks and more! This camp includes one field trip per week to our Legacy Center partners, including Urban Air, Fuel Your Life Café, Splash Swim School and Kindermusik!

**Mornings ONLY (8:30 – 12:00)**

June 19-23	June 26-30	July 5-7	July 31 – Aug. 4
Aug. 14-18		Aug 21-25	

## ENERGY ZONE FAVORITES



### TINY TUMBLERS: Ages 3 to 5

Bring your little ones to experience a gymnastics camp designed specifically for preschoolers. We’ll keep them movin’ and groovin’ all morning long with activities, songs, games, adorable crafts and instruction for the fundamentals of beginning gymnastics. Little gymnasts will participate on all the Olympic events scaled down to their level, as well as enjoy structured open gym play time with our trampoline, bounce house and foam pit. Turn your child into a tiny tumbler!

**Mornings ONLY (8:30 – 12:00)**

July 17-21	Aug. 7-11
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### SPA CAMP : Girls—Ages 6 to 12



Come for five days of spa fun ... young girl style!! We’ll do manicures, pedicures, have a hair and make up glamour photo-shoot day. Crafts included will be: funky hair ties, sugar scrubs, body glitter and more! Structured open gym time, along with tumbling instruction will be included each day as well. Join us for the ultimate spa experience!

**Mornings ONLY (8:30 – 12:00)**

Aug. 14-18
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## ENERGY ZONE FAVORITES



### NINJA WARRIOR CAMP: Ages 5-12

Have kids that love the American Ninja Warrior TV show? Have kids that love challenging obstacle courses? Then this is the camp for them!! This camp will offer a little of everything to turn everyone into a warrior! Strength, flexibility, and agility will be tested, kids will experience freestyle tumbling, climbing, jumping, and more! Campers will love our ninja cage full of hanging and floor obstacles, rock wall and foam pit adventures!

**Mornings ONLY (8:30 – 12:00)**

June 19-23	July 17-21	Aug. 14-18
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### LIL’ NINJA CAMP: Boys & Girls Ages 3-4

Our popular Ninja camp adapted to the cutest among us! Your preschooler will love challenging obstacle courses built just for them as well as lots of other fun activities with a Ninja flair. Other exciting activities will include: group games, bounce house time, “Water Wednesdays”, trampoline time, foam pit fun, building blocks & more! This camp is designed to help your child nap in the afternoon.

**Mornings ONLY (8:30 – 12:00)**

July 10 - 14	July 24-28
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## ENERGY ZONE FAVORITES

### AMERICAN GIRL ADVENTURES Girls—Ages 5 to 10



Bring your favorite American Girl doll for a fun-filled adventure in the gym! We have action packed days planned with different dress up themes each day including pajama day with popcorn and an American Girl movie! Activities will also include gymnastics with your doll, fashion shows, scavenger hunts, tiny tea party, crafts and much more!!

**Mornings ONLY (8:30 – 12:00)**

July 10 - 14	July 31 –Aug. 4
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### CHEER, STUNT & TUMBLE Girls—Ages 6 to 12

Send your cheerleader for an action packed week of learning and perfecting their jumps, stunts, and tumbling. Whether they’re new to cheer or a seasoned veteran, we have what it takes to bring an exciting learning experience to everyone! This is a perfect opportunity to get ready for sideline cheer this fall. So get ready for some F-U-N! Please bring clean cheer/ tennis shoes.

**Mornings ONLY (8:30 – 12:00)**

July 24—28
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### GYMSTARZ GYMNASTICS CAMP Girls - Ages 6 to 12

Take your gymnastics to the next level! A fun-filled camp focused on the development of beginning through advanced skills. Enjoy an entire morning filled with skills, drills, and thrills! Girls will work on bars, beam, floor, vault, trampoline, strength and flexibility all while having fun! Gymnasts will receive a skill evaluation at end of week.

**Mornings ONLY (8:30 – 12:00)**

July 17-21	Aug. 7-11
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